



Terms of Reference
Athlete Development Committee
Approved by the Board of Directors

Composition

- Committee Chair (appointed by the Board of Directors)
- Board Liaison (may be a Director filling another role on the committee)
- 1 to 5 members at large
- Chair (ex-officio)

Responsibilities and Authority

The Athlete Development Committee is responsible to and operates under the direction of Rope Skipping Alberta's Board of Directors. It is mandated by the Board of Directors to propose provincial Canadian Sport for Life (CS4L) initiatives that support the development of athletes based on the generic or Rope Skipping Canada Sport for Life model.

Function

- Make resources and information available to the membership of RSA on CS4L and Long-Term Athlete Development (LTAD).
- Present recommendations for provincial CS4L implementation strategies.
- Provide support for provincial athletes on the elite development pathway.
- Liaise with RSA committees and task groups to integrate and embed LTAD principles in all competitions, workshops, programs, services, and initiatives.
- Provide recommendations to the Board of Directors for competitions and workshops that align with the periodization needs of athletes.
- Promote True Sport principles throughout athlete development initiatives.
- Organize and execute the workshops following the RSA Masters Competition and RSA Team Competition.
- Draft qualification criteria for selection for the Rope Skipping Canada National Championships and recommend selection criteria to the Board of Directors for Board approval.
- Prepare communications for RSA's Social Media Coordinator and Secretary to be included on the website, social media, and e-newsletters on committee initiatives.
- Submit reports for the Board of Directors meetings and Annual Report for the Annual General Meeting as requested.
- Prepare and submit an annual budget to the Board of Directors for approval.
- Prepare and submit initiatives for consideration for inclusion in the Strategic Plan, Business Plan, and budget for approval by the Board of Directors as requested.
- Ensure that meeting minutes are maintained and provided to the Chair and Secretary following each meeting.

- Provide a list of Committee Members annually and a list of Task Group Members per task presented for approval by the Chair.
- Ensure that the Terms of Reference for the committee and related tasks group are accurate and maintained, and recommend changes to the Board of Directors for approval as required.

Amended: April 22, 2018
June 4, 2017